

Work Based Learning Reflective Diary

In partnership with



Ollscoil Teicneolaíochta an Atlantaigh

Atlantic Technological University





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ATU Sligo Student Number

Company

Department (if applicable)

Calendar Month / Semester Commencing

Question

Response

What have been your main roles in the past month/semester?

Other than ATU Sligo coursework, have you undertaken any formal training?

What were your main achievements this month/semester?

What are your main personal strengths in your main role?

What was your key learning in this month/ semester?

Thinking back on the month, what are your key thoughts on the month/ semester?		
Are there any areas for improvement and if so have you any plans to achieve this improvement?		
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